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DRIVE Sponsors





Development Champion **Daniel Stephen**





Recognition Champion











Voice Champion **Employee Reps**





Engagement Champion Jennie Ramsay

UK Leadership Team:



UKLT Sponsor Robert Taylor



UKLT Sponsor David Stewart



George Akers



UKLT Sponsor Nicola Murray



UKLT Sponsor Steve Hunt

Welcome to your employee magazine

Our cover certainly embodies this quarter's theme of reward and recognition. From our teammate's fantastic achievements being recognised by leading industry bodies, DRIVE Week activities taking place throughout our operations up and down the country to our Annual Safer Together nominations once again opening.

Our prestigious awards are a fantastic opportunity to recognise and celebrate the outstanding efforts and achievements of our colleagues. Whether it's someone who has gone above and beyond in promoting a safe and healthy work environment, demonstrated exceptional commitment to quality, or contributed significantly to fostering a positive and engaging workplace culture, we want to hear about it.

Nominations close on Friday 12th of July, so you still have a couple of weeks to submit your entries and I fully encourage everyone to get involved. From our support functions, operational teams, and base facility teammates – everyone should consider who deserves recognition and submit entries. Click here for more information and to nominate now.

We've now entered the busiest operational period of the year and with that comes the increased opportunity for mind-sets to be focussed only on getting the job done. While this is important, we must keep looking out for ourselves and one another. Ensuring all risk assessments and last-minute checks are in place before starting work is just as important as delivering a quality job. Please remain vigilant and if something doesn't feel right, you are empowered to stop the job to reassess.

This year we are taking a different approach to our HSEQ campaigns, with each quarter exploring a different aspect of health and wellbeing. Our second campaign looks at the importance of emotional health and wellbeing. We all have a part to play in improving emotional health across our worksites and knowing when and how to reach out for help is a useful skill. If you're not feeling your best or struggling to cope, please reach out to any of the support services available within the campaign materials. If you or your team haven't received the latest campaign materials, please liaise with your manger or supervisor.

I hope you enjoy reading this quarter's edition and find your teammate's stories both inspiring and informative.

Thank you for all of the work you do, your support and commitment to our company, your job and your teammates. Stay safe and healthy.

Best regards,

REGIONAL DIRECTOR UK



2024 Employee Engagement Calendar



Your 2024 Employee Engagement Calendar gives you an overview of what is coming up throughout the year, across all of our UK sites.

You can access the calendar and a range of other resources on your DRIVE platform here or in your DRIVE handbook. Here's a reminder of all our activities for 2024:

DRIVE CSR Safer Together Internal Marketing

JANUARY / Q1

- Monthly Safer Together Steering Group Meeting - 18/01
- Energy Saving Week 17/01
- Health Checks 29/01
- 2024 P&D Goal Setting
- Monthly <u>CSR</u> Activities
- Development <u>Toolkits</u>
- Employee Representative Sessions
- Inclusive Leadership Manager
 Follow Up Session & Employee
 Survey
- Marketing Blog Post Send Topic
 Ideas to <u>Employee Communications</u>

FEBRUARY / Q1

- Time to Talk Day and Quiz 01/02
- Tinnitus Awareness Week 05/02
- National Apprenticeship Week- 05/02
- Monthly Safer Together Steering Group Meeting - 15/02
- Stork UK Management Review20/02
- Monthly <u>CSR</u> Activities
- Development <u>Toolkits</u>
- 2024 <u>P&D</u> Goal Setting
- Employee Representative Sessions
- Monthly Lunch While You Learn Fabric Maintenance (FM) Overview

MARCH / Q1

- International Women's Day 08/03
- Stop Smoking Day 13/03
- Monthly Safer Together Steering Group Meeting - 21/03
- Employee <u>Representative</u> sessions
- Monthly CSR Activities
- Q1 <u>DRIVE News</u> Magazine
- Development <u>Toolkits</u>
- Neurodiversity Week 18/03
- LinkedIn People Series
- Monthly Lunch While You Learn
- Q1 HSEQ Campaign Disclosing Health Information to your Employer

APRIL/Q2

- Investors in Young People Assessment -15/04
- Monthly Safer Together Steering Group Meeting - 18/04
- Monthly <u>CSR</u> Activities
- Development <u>Toolkits</u>
- Employee Representative Sessions
- Monthly Lunch While You Learn
- Stay Interviews: Employee Pulse Survey Launch
- Employee Network Launch
- Monthly Lunch While You Learn
 Environmental, Social, and
 Governance (ESG) Overview

MAY/Q2

- Mental Health Week 13/05
- Monthly Safer Together Steering Group Meeting - 16/05
- Grampian Pride 25/05
- National Walking Month
- Monthly CSR Activities
- Development <u>Toolkits</u>
- Employee Representative Sessions
- Marketing Blog Post Send Topic
 Ideas to <u>Employee Communications</u>

JUNE / Q2

- DRIVE/ HSEQ Week 03/06
- World Environmental Day 05/06
- World Blood Donor Day 14/06
- Monthly Safer Together Steering Group Meeting - 20/06
- International Women in Engineering Day - 23/06
- Armed Forces Day 29/06
- Q2 HSEQ Campaign Mental Health and Wellbeing
- Monthly <u>CSR</u> Activities
- Q2 <u>DRIVE News</u> Magazine
- Development <u>Toolkits</u>
- P&D Mid Year Review
- Employee Representative Sessions
- Monthly Lunch While You Learn

JULY / Q3

- Monthly Safer Together Steering Group Meeting - 18/07
- Monthly <u>CSR</u> Activities
- Employee Representative Sessions
- Development <u>Toolkits</u>
- Benefits Window
- P&D Mid Year ReviewLinkedIn People Series
- Monthly Lunch While You Learn
 - To host a monthly lunch while you learn session, please email <u>Anna Farquhar</u>

AUGUST/Q3

- Cycle to Work Day 01/08
- Monthly Safer Together Steering Group Meeting - 15/08
- Monthly <u>CSR</u> Activities
- #NoWrongPath Developing Young Workforce Campaign
- Development Toolkits
- Employee Representative Sessions
- Monthly Lunch While You Learn

SEPTEMBER / Q3

- Investors in People Assessment
 09/09
- Monthly Safer Together Steering Group Meeting - 19/09
- National Inclusion Week and United Nations Sustainable Development Goals - 23/09
- Monthly <u>CSR</u> Activities
- Q3 <u>DRIVE News</u> Magazine
- Employee Representative Sessions
- Development Toolkits
- Q3 HSEQ Campaign Cardiac Health
- Marketing Blog Post Send Topic Ideas to Employee Communications
- Monthly Lunch While You Learn

OCTOBER / Q4

- Monthly Safer Together Steering Group Meeting - 17/10
- Menopause Awareness Day 18/10
- Monthly <u>CSR</u> Activities
- Development <u>Toolkits</u>
- Management Development Programme
- Pension Awareness Sessions
- Employee Representative Sessions
- Flu Vaccinations
- Monthly Lunch While You Learn

NOVEMBER/Q4

- World Quality Week 11/11
- International Men's Day 19/11
- Monthly Safer Together Steering Group Meeting - 21/11
- Monthly <u>CSR</u> Activities
- Giving Tree
- Q4 HSEQ Campaign Holistic Health and Wellbeing
- Benefits Window
- Development Toolkits
- Employee Representative Sessions
- Flu Vaccinations
- Monthly Lunch While You Learn

DECEMBER / Q4

- Persons with Disabilities Day 03/12
- Monthly Safer Together Steering Group Meeting - 19/22
- Christmas Quiz
- Monthly <u>CSR</u> Activities
- Q4 <u>DRIVE News</u> Magazine
- Development <u>Toolkits</u><u>Employee Representative</u> Sessions
- P&D Year-End Review
- Monthly Lunch While You Learn





DEVELOPMENT



We want to encourage and inspire you to develop your skills knowledge and competence, as well as progressing your career at Stork. It's important for us to ensure the training tools and resources are available, allowing you to take on greater challenges.

Daniel Stephen, Learning and Development Consultant

Who says you can't learn anything playing games?

Have you ever considered how virtual reality (VR) could be used within our industry? Well, the Harbour Energy Contract Team recently supported our client in delivering Major Accident Hazard Awareness VR training to the workforce. This covered all office-based and offshore teammates.

Harbour's long-term goal is for their core operational and support personnel to complete the VR training, facilitated by DNV at RAF Spadeadam. The training mirrors various scenarios, with real time demonstrations of fires and hydrocarbon release ignitions/explosions. It has the added benefit of building VR workscopes prior to them being carried out onsite. The package also displays videos of the live demos at RAF Spadeadam to add to the experience.

Stork's HSEQ Advisor, Keith Jennings, has been fully trained in the VR system allowing for a collaborative inter-department approach to deliver the training to the vast amount of staff we have frequenting the assets and supporting the contract.





Manager expectations sessions

As we dive into year two of our manager expectations sessions, our people managers continue to learn about the critical role they play in creating positive working environments. Our UK Leadership Team set the scene explaining the importance of our people managers taking ownership within their teams and the impact this can have on our colleagues, community and business as a whole.

The full day sessions covered the principles of:

- Employee Engagement
- Inclusion
- · Corporate Social Responsibility
- Safer Together
- · Efficiencies and Improvements





What makes a presentation memorable? It's all about the story

In May, we welcomed back Bob Keiller and Derrick Thomson from AB15 Ltd, to host their Business Storytelling Workshop. Bob is well known as Aberdeen's most successful entrepreneur and alongside his business partner, Derrick who led a diverse career path in broadcasting, they now spend their time coaching, delivering business storytelling sessions and supporting the <u>Aberdeen Union Street redevelopment project</u>.

Over 3 sessions, the group learnt about what makes a presentation memorable. From setting the scene with a story, to ensuring the primary questions are answered, as well as being clear about what you want from the audience at the end of the pitch.

Feedback, coaching and practical activities helped the group develop their skills, ensuring they finished the sessions with a new found confidence in their abilities.



Inspiring futures with the Prince's Trust

Our partnership with the Prince's Trust continues to go from strength to strength as we welcomed groups from Aberdeen and Peterhead to our facility for a day of fun and interactive activities. These sessions showcased the vast range of roles available within our industry and included tours of our base facility, hands on demos with our Integrity Services team, as well as CV writing and mock interviews.

We're already looking forward to our next opportunity to engage with The Prince's Trust and continue supporting our local communities and developing the talent of the future.

Could you get involved in supporting the next visit to Stork? Get in touch now at DRIVE@stork.com



Prince's Trust

Team members with Amplivox

One big breath

Amplivox recently attended our Aberdeen office to host an Occupational Spirometry workshop. Spirometry is carried out periodically to assess the condition of a person's lungs, particularly in workplaces where respiratory sensitisers are present and can influence lung function.

Zoe Meldrum, Occupational Health Nurse commented:

"The Occupation Spirometry course ran over 1.5 days and allowed the attendees to gain valuable, hands on experience.

Spirometry is a vital aspect of our health surveillance package

The feedback following the course has been positive and the attendees are looking forward to receiving their certificates".

What's that? Another gold status

The ECITB Skills and Training Charter is an initiative by the Engineering Construction Industry Training Board (ECITB) aimed at affirming our commitment to the skills development of the workforce within the UK's engineering construction industry. By signing the charter, Stork pledges to train and develop our current and projected workforce.

Stork actively drives the skills agenda in partnership with the ECITB to secure the ECI skills and competencies both now and for the future. As part of our commitment, we have been awarded a gold standard status ECITB certificate for 2024.





Skills and Training Charter

ECITB's Commitment

The engineering construction industry's most valuable asset is its people. They design, construct, maintain, renew and dismantle the UK's strategically important industrial infrastructure. It is therefore essential these individuals are highly skilled and are competent. It is also essential that their competence is properly recognised and validated.

The ECITB Skills and Training Charter provides the opportunity to affirm your commitment to the skills development of the workforce by signing a pledge. ECITB will work in partnership to ensure that clients, contractors and government have confidence that the engineering construction industry carry out their role safely, competently and efficiently.

Company's Commitment

most valuable asser
we will:
inthain, renew and
lidentify the training and development needs of our
existing workforce and set these out in an annual plan
hese individuals are
so essential that
building individual capability.

organisation and recruit and train sufficient individuals t meet current and future workload requirements.

Wherever possible commit to recruiting and training new entrants from work experience, scholars,

 \sim

Enhanced by engineering

International Women in Engineering Day, organised by the Women's Engineering Society (WES), celebrates its 11th year in 2024 and promotes the amazing work women engineers are doing across multiple industries. As the only platform of its kind, it plays a vital role in encouraging more young women and girls to take up engineering careers. This year's theme is #Enhancedbyengineering.

Engineers shape our world and have a continual impact on many aspects of our day to day lives. However, the variation of opportunities available for engineers is broader than you might think, with not all positions fitting into the mould of a 'traditional engineer'.

At Stork, we have 65 different engineering roles across our UK business. From proposals and software engineers, who are based within our office facilities, to mechanical and field engineers who can be located on client sites and offshore platforms, the engineering possibilities are endless.



Hear our stories firsthand:

Women play a crucial role in shaping the future of engineering and while more continue to enter the field, the outdated portrayal of 'it's a man's job' remains across many industries. To change this narrative, strong female representation is needed to encourage the breaking of gender role stereotypes, while ensuring diversity continues to improve across sectors.

To play our part in shouting about female engineering success, we caught up with Emma Stephen, Project Engineer and Christie Marriott, Inspection Engineer to learn more about their career paths, roles within Stork and gain their advice for women considering a career in engineering.



Q: Let's take it back to the beginning, what did you do when you left school?

Emma: My career path after school wasn't linear. I initially studied graphic design, before deciding I didn't want to work in an office and took some time out to work as a competition groom. After which, I decided to keep horses as a hobby and headed to university to study Psychology and Sociology which I absolutely loved, however it was very hard to get any sort of job afterwards.

Christie: After 6 years at school, I went to university to study business management and marketing. I didn't have a clear idea on what I wanted to do but I enjoyed management, so I thought a degree was a good place to start.

Q: Before joining Stork, had you ever considered a role in engineering?

Emma: When I was at school, you were very much directed into either college or university, we weren't told about the opportunities available regarding joining companies and working your way up, while gaining experience and knowledge along the way.

Christie: Engineering and a role like the one I have now, had never crossed my mind. I was totally unaware of what jobs lay within the world of oil and gas.

Q: Tell us a bit about your day-to-day role:

Emma: As a Project Engineer, my role is different every day. I could be creating work instructions for scopes offshore one minute and then raising Control of Substances Hazardous to Health (COSHH) and materials orders the next.

As part of my position, I have a heavy people element too. This includes liaising with our recruitment team for manning workscopes, to supporting HR with investigations / disciplinaries. An additional part of my role includes briefing the teams heading offshore, which I enjoy as it allows me to meet the workforce and, in the past, has supported my growth of knowledge within the offshore sector. I am not very technical and feel the best way to learn is from those executing the work. These guys have many years' experiences and are happy to share advice.

Christie: Before starting a job, I carry out various elements of research for the equipment I am going to inspect. This can range from looking into the strategy or previous reports, even talking to the onsite engineer about the job to find out if there is any specific information I should be aware of. From there, I check-in with the process control unit to ensure all safety measures are in place and then begin the inspection. A key part of inspections consists of looking for anything that doesn't appear right on the external state of the equipment.

Q: What training, qualifications and/or experience have you gained?

Emma: I have been fortunate to be put on a variety of courses to expand my knowledge, some of which include Association for Project Management (APM), HR and Finance. However, passing my NACE Coating Inspector Level 1 was a highlight, as I was the only female on the course and had very little coatings experience at that stage of my career.

Christie: Since joining Stork, I have been on a steep learning curve. Having now been in my role for 2 years, gaining industry first-hand experience, I have gone on to further my education. This has included completing an EMMUA Mechanical Integrity course and now working my way through an HNC in engineering.

Q: What advice would you give to girls and women considering a career in engineering?

Emma: There are so many different roles within this industry, if you are unsure what you would like to specialise in, a role such as a Project Engineer gives you exposure to many different areas. Don't be scared to enter a job and work your way up. I started as a Technical Assistant 13 years ago and have worked towards Project Engineer, with the goal to progress to a Project Manager in the near future.

Christie: For anyone who is considering taking the leap into an engineering career, I would say go for it. You don't know what it will be like until you try. Always ask questions, get involved and explore all opportunities. There is such a variety of roles within engineering that aren't heavily advertised, it's all about getting a foot in the door.

Q: But what can be done to create awareness?

We know a key element of raising awareness is about engaging with young people at an early stage and by working with schools and organisations such as <u>Career Ready</u> and <u>Prince's Trust</u> we're educating the next generation about STEM subjects. In conjunction with <u>Developing the Young Workforce</u> and working alongside our local school partnerships, Meldrum Academy and Bramble Brae Primary in Aberdeen, we aim to show career opportunities involving science, technology, engineering and maths are endless and not limited by gender.

By shining a spotlight on the incredible work our women engineers do across Stork, in a variety of roles and locations, we hope to inspire both current and future generations to consider a career in engineering. **The opportunities are** endless.

Paving the way for our future scaffolders

The tail end of 2023 saw 3 trainee scaffolders join our Aberdeen facility. Since then, all have progressed through the initial stages of their trainee programme, meeting the requirements of CISRS to be classified as Trainee Scaffolders.

To gain industry experience, they are now working across client assets in the North Sea, as they continue progressing towards completion of their scaffolding qualification.

Over the next 18 months, they will gain further offshore experience thanks to our clients Harbour Energy and Dana Petroleum Limited, who have supported us to develop the next generation and provide opportunities for young people to enter the energy industry.



RECOGNITION



We take pride in all of our achievements and we want you to know this by our commitment to recognising and rewarding success.

Douglas Ibbotson, Compensation & Benefits Manager

What does it take to get a Safer Together Gold Award?

It takes a best-in-class safety performance, while delivering innovations / improvements to our safety culture and practices. Billy Jamieson, Services Supervisor on the CNOOC Buzzard platform has done just that, demonstrating his ongoing commitment for our <u>Safer Together</u> values.

During his time on the Buzzard installation, Billy took it upon himself to run countless voluntary green hat training sessions.

Green Hat Definition: New-starts to the oil & gas industry and to an offshore installation wear high visibility green hat covers for 2 operational weeks and a green hat for the rest of the 6-week operational period. <u>Click here</u> to view Step Change in Safety's Green Hat Policy.

The training is available to all green hats new to the industry and platform. It touches on numerous topics including, Control of Work, Behavioural Culture, Task Preparation, Toolbox Talks, Hazard Perception with a lot of Interactive videos included in the powerpoint. The sessions have been well received by the attendee's as well as CNOOC offshore and onshore management.

Alongside the Gold Safer Together Award, CNOOC's management team wanted to share Billy's success externally and therefore put him forward for the Offshore Safety Awards. We're

delighted to share Billy has been shortlisted within the Workforce Engagement category. The awards will take place on the 2nd of July in Aberdeen and we wish Billy the best of luck!

Tees Business Awards

<u>The Tees Business Awards</u> took place in April and we were shortlisted within the Training and Apprenticeships category. The awards are a prestigious celebration of enterprise and entrepreneurs across Teesside and the Tees Valley.

Although we didn't take home the win, it was our first time entering the accolades - a great achievement to be recognised for our dedication to the local area. As an organisation, we ensure our people work towards being multidisciplined, so that alongside their trade they gain additional skills, which will enhance their development and support their future careers.



Steve Hunt with Teesside teammates

A rising star and a highly commended

On Thursday, 13th June the annual <u>cHeRries Awards 2024</u> celebrated excellence in the fields of human resources, training and recruitment. The best in the field of HR came together to celebrate the prestigious accolades. The worthy winners were crowned at a glittering ceremony held at P&J Live, in Aberdeen.

Our very talented HR Advisor, Kristi Strachan was named winner of the Rising Star accolade, which recognises an individual who is in the early stage of their career and demonstrates an outstanding attitude to their work. Kristi was promoted to HR Advisor in August 2022, and her career path within Stork demonstrates her eagerness and willingness to develop and progress. We are continually



Left to Right: Victoria King, Rebecca Griffin, Kristi Strachan and Elaine Milne

Image Credit: DC Thomson

impressed by her enthusiasm, professionalism and support she offers to colleagues. Well done Kristi, this is a fantastic achievement!

Stork received a highly commended within the Culture Transformation Project of the Year category! With a wide and varied workforce spread across onshore plants, offshore installations and work sites operated by both Stork and our clients, this presents the ongoing challenge of ensuring our culture is effectively and consistently felt across all of our internal communities. Our cultural transformation journey began in 2020 with our engagement ambition. Identifying the need for change within our business and allowing for proactive workforce participation goals to be put in place.



Members from our Aberdeen office attending the cHeRries Award

Image Credit: DC Thomson

DYW - Supporting our local schools

Over the Easter break, 16 members of our Aberdeen Base Facility visited Bramble Brae, our partnership primary school, to support with a variety of painting and housekeeping activities, ahead of pupils returning from their holiday. The team came away feeling they'd helped to make a lasting improvement to the school's facilities.

Sharron MacDonald, Head Teacher at Bramble Brae Primary commented:

"I really appreciate the time you took to organise everything; it was no easy task! I am always striving to make the school a better environment for my learners so appreciate you helping to do this.

Everyone was a real credit to Stork, and I am so delighted with the results

We began our partnership with Bramble Brae in September 2023 and have since worked on a range of STEM projects and continue to strive to support the pupils and their learning environment.



Q2 Safer Together Awards

We take pride in the achievements of our colleagues and want to recognise and celebrate all their successes. Keep nominating your teammates for their great work and going that extra mile. Let's shout about success!

<u>Safer Together's Recognition Awards</u> congratulate excellent performance and outstanding efforts at any time of the year. They are aimed towards improving Stork's HSEQ culture, behaviours and working practices:

- Bronze Excellent Safety Behaviour
- Silver Consistent demonstration of exceptional safety behaviour
- Gold Outstanding contribution to Stork's safety culture









SAFER TOGETHER

Promotions

Name	Department	New Role
Martin Jamieson	Shell	Project Manager
Laura Hepburn	Quality Service	Quality Services Coordinator
Laura Whistler	Quality Service	Senior Quality Services Coordinator
Drew Mackay	Inspection	ANDT Specialist SME
Chloe Morland	Shell	Project Engineer

Long Service Awards

No Years	Offshore	Site	Office
10 Years	12	1	3
15 Years	7	1	0
20 Years	8	0	0
25 Years	2	0	0
30 Years	1	1	0
35 Years	3	0	0

DRIVE Take the Lead Awards

DRIVE's <u>Take the Lead Awards</u> celebrate those who go above and beyond their day to day role and demonstrate our core values: Integrity, Teamwork, Excellence and Client Focus

All Stork employees nominated for a Take the Lead Award will automatically receive a Take the Lead eCard. Nominators can select their entry to be reviewed by the Take the Lead Panel who will consider if a bronze, silver or gold award should also be presented. Nominations can also be made via the YourBenefits platform or by scanning the QR code.



Scan me to submit an award:





IT'S TIME TO NOMINATE

Our Annual Safer Together Awards honour individuals and teams who have made outstanding contributions to HSEQ and all aspects of DRIVE. Do you know someone who deserves this famed recognition?

There are no set boundaries or minimum criteria for your nominations. You don't even have to select a specific category for your entry; all we need to know is: WHO, WHAT & WHY.

Nominations close on Friday, 12th July.

NOMINATE NOW:



Mick Hodgson Senior Inspection Engineer ConocoPhilips, Teesside



Currently in his 43rd year working in power, oil and gas and petrochemical sectors, Mick spends his weekdays as a UKAS Cat 1 Senior Inspection Engineer (SIE) and Competency Assessor on ConocoPhillips' site, looking after a team of Stork's inspection engineers.

Inspector Mick

Mick began his career as a welder, where he completed an advanced trade to foundation degree. Then through ICI, Mick continued his education in welding inspection, gaining standard and advanced Non-Destructive Testing (NDT) qualifications. Mick's career developed, and he worked his way up to senior inspector, before qualifying to Personnel Certification in Non-Destructive Testing 3 (PCN) & American Society for Non-destructive Testing (ASNT) Level 3 in electromagnetic induction. This experience led him to write several published technical papers.

In 2013, Mick moved to ConocoPhillips as a UKAS category 2 SIE looking after boilers, storage tanks, pressure safety valves and expansion joints. In 2019, he took on the position of UKAS competency assessor for the site, documenting and maintaining all site inspector competency evidence. After 12 years, as a category 2 SIE, Mick was awarded category 1 SIE & Competency Assessor status, due to his extensive work on major systems (boilers).



Nick with Emma Fergusson, Senior HR Advisor

Dancer Mick

In Mick's 40's, with his son's grown up and more time available, it was suggested he take up dancing and this is when dancer Mick emerged. Alongside his partner Deborah, the pair took up ballroom dancing, primarily to fill evenings and weekends.

It became quickly apparent this was more than a hobby and they started entering competitions, winning and making finals. They worked their way through the ranks competing up and down the country and in 2016, won the British Over 50's Amateur Championship in Ballroom.

Seeking new challenges, they ventured into the Argentine Tango where they became champions in their first competition and retained this the following year. In 2019, they went onto win a show dance competition, comprised of a fusion style, mixing Classical Tango with Argentine Tango. Around this period, they also competed in classical sequence and again made all the national finals.

In January 2020, Mick and Deborah turned professional under the dance school "White Rose Dance". When COVID hit, all their professional qualifications enabled them to teach. In 2021, they entered the British Professional Classical Sequence Championship in Blackpool and won the coveted trophy.

Today, they teach private lessons in Ballroom, Latin, Classical /Modern Sequence and Argentine Tango. Not only that, but they also teach couples their first dances for weddings and adjudicate up and down the country.



Mick with his partner, Debora

Scaffolding, a 30 year career and counting

Gary Moody, a Scaffolder on Rough field/Easington terminal recently celebrated 30 years of service. We caught up with Gary to reflect on his time in the role:

How did it all begin?

I joined right back in Rigblast days, they didn't have many advanced scaffolder positions and I was the only one on site at the time. Over the years the team has grown and we now have an array of advanced scaffolders working alongside the team. We recently also welcomed trainee.

Over time materials have changed for the better, aluminium scaffolding is a great help

It used to be steel, very heavy weight however much better components now help with manual handling needs.

I'm 100% onshore based now. I enjoyed working offshore but the last 7 years onshore have been great too.

What do you enjoy about scaffolding?

Every day is a different day. When I left school I was not educated. I wanted something to do with my hands, scaffolding was attractive to keep fit and at 16 year old I went straight into a scaffolding yard. I couldn't go onsite until 18 and by this point I was ready.

What are the highlights of your career?

I've never missed a trip in 23 years. The team here are the same I always felt happy to go to work and wanted to be there. We have a great working relationship, it feels like a family.

Have there been any challenges along the way?

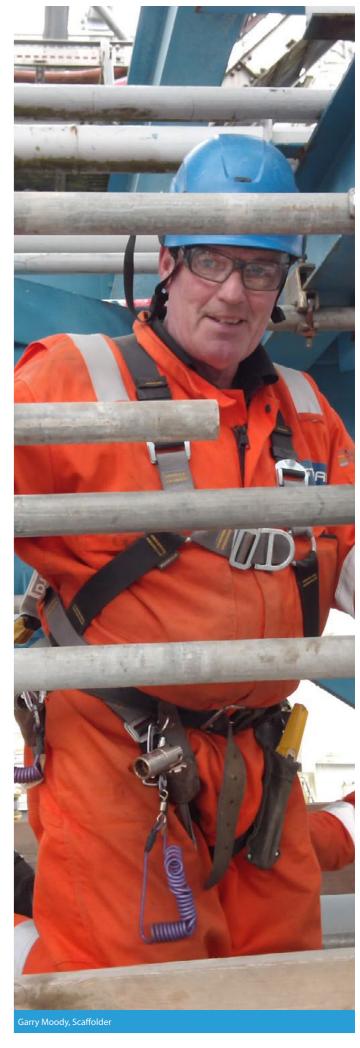
Over the years I have worked in challenging environments and faced 3 big incidents, there were lessons learned from Piper Alpha that meant the situation didn't escalate. Over the years, I've seen safety continue to be the top priority and collectively as a team we support each other and move forward. I really enjoy reading the HSEQ campaigns released by the company and implementing them into my daily role.

How do you keep yourself up to date with training?

I maintain my CISRS card which is renewed every 3 years, it's important to keep skills up to date.

Final reflections?

I've been very fortunate in my role. I've been kept in work by a decent company. Both Stork and the client, Centrica support us here on site, it's a great working environment and that's what makes us want to stay and keep doing what we do. The team as a whole have long service, we are a great team and I'm proud to be part of it.



DRIVE

WEEK 2024

Throughout the years we've seen many great initiatives come about through our engagement platforms, DRIVE and Safer Together; from our annual awards, CSR activities, WeCARE Colleagues to our Employee Rep. groups, YourBenefits, sustainability activities and our quality principles. Because of this, we believe collaboration is key and from time to time you will see a fusion of these two platforms. This year's DRIVE Week was a prime example.

Back for 2024, DRIVE Week ran from the 3rd to 7th of June, with interactive employee engagement and HSEQ activities taking place up and down the UK. All sessions were designed around the 5 pillars of DRIVE - Development, Recognition, Inclusion, Voice and Engagement, as well as the principles of Safer Together - We Care, We Support and We Protect.

With a week full of events and daily competitions, it was great to see over **1,054** individual bookings and **463** competition entries. As well as our in-person Your Perks and Demo Zone sessions being packed with colleagues interested to find out more about Stork's benefits/discounts and UK business lines.

Top attended sessions of the week were:

- Neurodiversity and Me Sam Ivers
- What we do to make a difference with UK Site Managers
- Lifetime Planning Scottish Widows

Session recordings are available for anyone who was unable to attend DRIVE Week. Click on the links below to check out the videos and if you have any questions, please email DRIVE.

DRIVE WEEK SESSION RECORDINGS:

Click on the links below to discover more

Employee Support (EAP)	Navigating HSEQ - Apache's <u>Journey</u>
Relaxation Techniques	Lifetime Planning - Retirement & Financial
Snapshot - Your Benefits	What We Do To Make a Difference - <u>UK Sites</u>
Neurodiversity And Me - Sam Ivers	<u>Drive Week 2024 - Stork Delivers:</u> <u>The Demo Zone</u>

Recordings are avalible for contractual benefits overview sessions

Please contact <u>yourbenefits@stork.com</u> with any questions

Competitions galore:

Over the course of DRIVE Week, we saw a variety of competitions on offer for employees to get involved in. Our daily contests were a chance to grab a £25 YourBenefits voucher by attending a DRIVE session and the end of the week saw a £100 voucher giveaway. Well done to our winners:

- Monday Conner Ladley, Multimedia Design Graduate
- Tuesday Evelyn McCann, HR Administrator
- Wednesday Kasia Nowakowska, HSEQ Advisor
- Thursday Daryl Hay, BA Technician
- Friday Louise Penny, Senior Travel Coordinator
- £100 lan Walker, Project Manager

In addition, the Your Perks session brought with it even more chances to win, well done to our winners:

- 2x vouchers for an overnight stay at the Sandman Signature Hotel & Spa in Aberdeen - Scott Cruickshank and Kendal Napier
- Hamper of local food and drink provided by the Aberdeen Employee Reps. - Annette Burnett
- 3x 1-year Tastecard subscriptions Louise Penny, Elaine Irving and Louise Cairns
- 2x Rev de Cuba goodie bags Chrisanne Aitken and Ana

YOUR PERKS SESSION:

Discovering all the benefits available to employees









ABERDEEN'S ANNUAL DRIVE BBQ:

The gueue was out the door, guite literally...









A VISIT FROM YOGI AND CINDY:

Fully trained AAA (Animal Assist Activity) / Therapy dogs and trained in Water Rescue









SOME OF OUR FABULOUS COMPETITION WINNERS:

Well done to all our winners throughout DRIVE Week







Scott Cruickshank, Senior Project Engineer Cairns, Occupational Health Technician



Tastecard subscription winner: Louise Penny, Senior Travel Coordinator



Rev de Cuba Winner: Ana Troconis, Competency Supervisor

INCLUSION



One team, one community

For a second year, we were proud silver sponsors of Grampian Pride, hosted by local LGBTQ+ charity, Four Pillars.

The event created a safe space for all LGBTQ+ people and their allies, while helping to spread awareness.

Over 30 employees, family and friends took to Union Street to join in the parade, with a great day being had by all.

Pride events demonstrate our continued commitment to supporting the LGBTQ+ community both within Stork and further afield.



Autism & Neurodiversity North Scotland (A-ND)

Over the past year, we have worked closely with <u>Autism & Neurodiversity North Scotland</u> (A-ND) to raise awareness and support our colleagues. A-ND have supported us in creating an environment where our colleagues feel comfortable to open up about their personal situations and in turn, allow us to support them in meaningful ways.

On the 23rd of May, 10 colleagues from across the UK attended the Think Different Dinner, at Union Kirk in Aberdeen.

It was an honour to be a gold sponsor and hear first-hand how the charity truly makes a difference to those they support.

Disability confident employer

As part of our ambition to provide an inclusive workplace for all, we have been awarded the <u>Disability Confident</u>
<u>Employer (Level 2)</u> status. To maintain our accreditation and ensure progress we will continue to:

- Promote a culture of being Disability Confident through training and awareness sessions.
- Support our employees to manage their disability or health conditions
- Ensure there are no barriers to the development and progression of disabled employees.
- Provide ongoing access to a broad range of support resources.

It's vital to support our colleagues and those in the communities in which we operate, ensuring accessible and inclusive environments are in place for all.



Inclusive leadership survey results: action plan

Following the results of the Inclusive Leadership survey, we have been taking active actions to ensure your feedback has been reviewed and captured when creating our 2024 activities.

CONTINUE

• Inclusive Leadership training and development

 Awareness activities on a range of Inclusion topics (see the 2024 employee



8

 Leadership Development Sessions on relevant topics

TRAINING

- Inclusion Toolkits for all
- Develop Supervisors

AWARENESS

 Ensure awareness sessions are accessible to all

Membership of external bodies:

- · Disability Confident
- AXIS Network Gender Equality Network
- OEUK DEI Task Group
- OEUK Workforce Engagement Task Group
- Investors in People
- Investors in Young People
- Armed Forces Covenant
- Menopause Workplace Pledge
- Developing Young Workforce

SUPPORT RESOURCES &

ACTIVE ACTION

Employee Networks

Workplace Task Group

information resources

Launch targeted

Create Inclusive

Develop accessible

- Continue employee voice engagement through:
- Workforce
 Representatives
- CSR Group
- Employee Surveys
- Site Visits
- Communications
- DRIVE News
- WeCARE Colleagues

- Introduce Multi-faith rooms (Aberdeen initially)
 Review recruitment
- practicesIncrease visibility of UKLT
- Visitor video development with inclusive information
- Develop data dashboards



ENGAGEMENT & VOICE

- Stay Interviews launch for all
- Develop and promote current activities to ensure the greatest reach



ACTIONS

- Senior Management quarterly engagement reporting and accountability
- Quiet room (Aberdeen and beyond)



We will always take account of the

differences between people and groups and value those differences,

providing a sense of

belonging and respect.

Katherine Webster,

Employee Engagement

HR Manager

VOICE





As your representatives, we listen to employees, take their views forward and provide feedback. This enables employees to shape the culture of Stork.

Your dedicated Employee Representatives

Our energy transition story

We recently shared our energy transition story with the <u>Aberdeen & Grampian</u> <u>Chamber of Commerce</u>, as part of their 39th Energy Transition Survey. The survey is a comprehensive report on confidence, investment and transition in the energy sector delivered in partnership with ETZ Ltd and KPMG LLP.

Guided by our purpose, 'Maintaining a Better World,' we are committed to creating meaningful change. 'Maintaining' is what we do;' a better world' is the value we add

for all our stakeholders. Our case study covers our journey to date, how we are decarbonising our own footprint and ultimately supporting our clients' goals. Scan the QR code or click on the image above to read the full article.





IT survey results

The IT department undertook a survey to understand employees needs and requirements when it comes to our IT systems and equipment. The team wants to provide products and services that are tailored for the company. Highlights from the survey are shown below:



95%

Were satisfied with the team's initial response time



95%

Were happy with the software solutions provided



95%

Are pleased with the hardware provided



84%

Have had no challenges with IT

From the survey, there were a common string of words that recurred to describe what employees liked most about the IT department. These included:

- Quick
- Approachable
- Helpful
- Friendly

Thank you to everyone who took time to provide feedback, this goes a long way in ensuring we continue improve our service offering. If you have any IT issues, please reach out to the <u>IT Service Desk.</u>

Lets talk OCD

Definition: Obsessive compulsive disorder (OCD) is a mental health condition where a person has obsessive thoughts and/or compulsive behaviours.

Mental Health Aberdeen (MHA) is a local charity whose aim is to break the stigma surrounding mental health, empower individuals with guidance / real life stories and ultimately increase awareness. For several years, they've run a variety of certified mental health first training courses and decided it was time to create new supporting materials, including videos, with people currently living in the Northeast of Scotland sharing their own experiences.

Emma Stewart, Communications & Marketing Advisor took part in the project, openly discussing her diagnosis and ongoing journey with OCD in the hope to encourage others to start the conversation. Her video will be used to train individuals who sign up for the various mental health courses organised by MHA.

Emma shared a snippet of her story with us; "I've been dealing with OCD for over 10 years now and go through phases where my compulsions can be heightened, which is often associated with stress. These compulsions are checking-based behaviours, which means for example I check and recheck doors at home multiple times, before I feel comfortable enough to leave.

OCD is a daily challenge and through speaking to the GP, family and friends, I'm continually finding new ways to cope and decompress the thoughts going on in my brain.

Managing OCD is an ongoing process and there are times when things feel manageable and other times when it's much harder. But OCD is nothing to be ashamed of, you'd be surprised how many people have OCD tendencies without being clinically diagnosed. It's all about having the conversation and getting support if/when required. I'm no expert but I'm always happy to chat to people and share more about my experience."



Mental Health Awareness Week

Studies show that 1 in 7 people experience mental health problems in the workplace. This is why participating in initiatives such as Mental Health Awareness Week is so important. This year's campaign featured the theme of "Movement: moving more for our mental health". Movement is important for our mental health but so many of us struggle to move enough. We know there are many different reasons for this, but things such as going for a walk or putting on your favourite music and dancing around the living room all count towards getting active.

Going green for mental health:

On Thursday, 16th of May, we held a 'wear it green day'. The green ribbon is the international symbol of mental health awareness, so by going green for the day, we opened up the conversation about mental health and showed our solidarity with people experiencing this firsthand.

Remember, our <u>WeCARE Colleagues</u> are always on hand to offer assistance. The programme aims to improve mental health and wellbeing across our organisation, ensuring all employees feel supported.



ENGAGEMENT

We want you to know and own Stork's vision, understanding the part you play to get us there, while keeping you informed during every step of our journey.

Jennie Ramsay, Communications & Marketing Manager

Our hunger heros

The Trussell Trust Network operates UK wide. In April 2022 and March 2023, foodbanks in their network provided almost 3 million food supplies to people in crisis, a 37% increase on the previous year. Therefore, we would like to encourage all our teams, no matter where you're located throughout the UK, to get involved. From donating food, volunteering your time or taking on a fundraising challenge, there are lots of ways to get involved with raising awareness of poverty and helping end local hunger. Find your nearest foodbank here.

Aberdeen:

The Business Development Team visited their local foodbank to spend a morning sorting through donations, ahead of them being turned into food parcels for those in need. The experience was completely humbling and it's such a worthwhile cause to get involved with.

"It's important we acknowledge there are families out there who struggle daily. We should all take time to lend a helping hand and ensure that everyone has access to food, which is a fundamental necessity." James Allan, Digital Marketing Advisor.



Teesside:

The team in Teesside, headed up by CSR Rep. Alfie Foxton-Smith, Project Engineer, held a foodbank drive to gather essential items to donate to their local foodbank in Redcar.

Alfie commented, "Donating to the foodbank has been a great way to get everyone at the branch involved in supporting the community. It was clear from the amount of food donated that the need to help resonated with our colleagues."



Wilderness Walkers

Did you know... A brisk 10-minute daily walk has lots of health benefits and counts towards your 150 minutes of recommended weekly exercise.

The Healthy Working Lives Team recently launched their Aberdeen walking group. A group of 15 employees took on the terrain of Bennachie, with a great day had by all involved. The team have future walks planned for Clachnaben and Lochnagar.



Get in touch with the <u>Healthy Working Lives Team</u> if you would like to take part or would like advice on how to setup a similar group for your local area.



Harbour Initiatives

Supporting the local community:

At the beginning of June, alongside our <u>Developing the Young Workforce</u> North East partner primary school in Aberdeen, Bramble Brae, Stork's Harbour Energy contract team and client reps. took part in a variety of corporate social responsibility projects. This included working with the 'Dyce in Bloom Gardening Club' to clean up the local area and carry out a litter pick along the Formartine and Buchan railway line.

The pupils spent the afternoon learning more about Stork. They took part in a session on breathing apparatuses, gained insight into life offshore From Lee Falkiner, Team Leader on the Armada platform and tips for a healthy lifestyle from our Occupational Health Team.

Click here to watch a short video from the day.







Climbing for CALM:

Richard Booth, Rope Access Team Leader on the North Everest asset, along with a group of 10 colleagues took on the <u>National 3 Peaks Challenge</u>. The team were raising money for <u>Campaign Against Living Miserably</u> (CALM), a mental health and suicide awareness charity that Harbour Energy support.



Running for Thommo

On the 19th of May, Team Thommo, which comprised of 7 Essar employees and Stork's Jon Summer, Tank inspector on the contract, took part in the Chester Half Marathon. The Chester Half is one of the UK's longest established and most highly regarded half marathons, starting and finishing in the historic Roman/Medieval international destination city of Chester.

The team were raising money for the Chester and District Samaritans, in memory of their colleague, Peter Thompson, who sadly passed away last year. This run helped the team to remember Peter in a positive way, for all the great things that he did and amazing, funny memories that he left behind.

"I am proud to have been part of this team and the £3,394 raised is going to a fantastic cause in memory of Thommo. It was a fantastic turn out and great effort from everyone involved. A special mention needs to go to Simon King from Essar who setup Team Thommo'. – Jon Summer, Tank inspector





No child should go without

22% of children in Aberdeen City are living in poverty. AberNecessities provides disadvantaged families with the essential and basic necessities that no child should go without.

On the 12th of June, 7 members of Stork's Apache contract team visited the charity for the day to help with a variety of tasks, which included sorting through toys, folding clothes for donation parcels and building cribs. Well done team!

The support Stork has provided AberNecessities over the last few years has never gone unnoticed by the charity and demonstrates our ongoing efforts to provide help to those who need it most. Giving up a few hours of your day really can make an impact on someone else's life.

The Martin Gallier Project

<u>The Martin Gallier Project</u>, Essar's chosen charity, is dedicated to preventing suicides and breaking down stigmas. They are the only suicide intervention, prevention and postvention service in the North West of England.

The charity recently held their annual awards, which recognised the efforts of fundraisers over the last 12 months. Andrew Davies, Stork's Plant Inspector, son's football team were invited along and awarded the 'Young Fundraisers of the Year Award' for raising £3,230. This money could help the charity support 40 life-saving interventions!

Cleaning up our communities



Our Centrica inspection team got involved in a collaborative CSR event with our client, carrying out a litterpick around the beach at Easington Terminal. The team collected **7 bags** of litter.

Aberdeen Kiltwalk

On Sunday 2nd of June, 30 colleagues put on their walking shoes to participate in <u>The Kiltwalk</u>, in aid of <u>Clan Cancer Support</u>. With the team spirit high and counting down the miles, they all completed the Wee Wander (4 mile) and the Mighty Stride (18 mile) challenges.

We would like to thank everyone who donated, helping our team to raise an incredible £6,494! Well done to everyone who took part and a shoutout to the cheer squad, who celebrated our walkers across the finish line.











The merry band of WeCARE walkers

As part of their <u>WeCARE</u> walking group, our Nufarm-based team took on the Northern Skiddaw Horseshoe, a total distance of 12.5km with a summit at 840m and elevation of 2.887m.

The walks are organised by Mick Simth, Capital Projects Manager. The WeCARE banner was proudly on display to signify everyone completing the walks is a WeCARE Colleague. 15 individuals are qualified at our client's site.

The team are a true representation of our <u>Safer Together</u>: We Care, We Support and We Protect principles. Keep up the great work!



Weeds be gone

On the 24th of May, 15 members of our Integrity Services team visited a local Aberdeen care home, Fergus House, and spent the morning tidying up the area for the residents to enjoy.

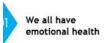
Even though it was a day of typical Scottish weather, it didn't dampen the team's spirits and they are already planning their return visit to paint the fences and plant some flowers, helping to improve the scenery.

Denise Kinghorn, Monitoring Solutions Manager commented: "Helping out has had a very positive impact, not only on Fergus House but on our team too. Coming together in this way has built stronger relationships which has empowered us to achieve greater results for the residents."

HSEQ Q2 campaign

This year we are taking a different approach to our HSEQ campaigns, with each quarter exploring a different aspect of health and wellbeing. Our second campaign will look at the importance of emotional health and wellbeing.

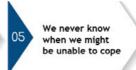
We all have emotional health, it refers to how we think and feel, how we cope with life events and how we recognise emotions in ourselves as well as others. In a lot of ways, our emotional health can be similar to our physical health. It can sometimes be affected by things that are beyond our control, but if we train it then just like a muscle, we can make it stronger, improving our capability to deal with challenges that life can throw at us.











5 top tips for your emotional health



Physical Health

Emotional health and physical health are absolutely connected. If you make positive changes to your physical activity levels, improve your sleep and try to eat a balanced nutritional diet, these are likely to have a positive influence on your emotional health and wellbeing.



Positive Attitudes

Being able to hold onto positive emotions for longer, focusing on what's important to you and appreciating the good times can help us build our resilience and keep us emotionally well. A positive outlook has also been linked to improving physical wellbeing by lowering blood

pressure.

Forgive and Forget

This applies to yourself and others - try not to dwell on things, we all make mistakes. Learn from what went wrong and accept that some actions, behaviours and situations are out with our own control.

Me Time

Go easy on yourself - negative thoughts will pull you down, so focus on the positives and celebrate achievements. Take time to look after yourself and do the things that you enjoy.

The Right Connections

The communities we interact with have a huge influence on our emotional health. Try to surround yourself with positive and supportive people, who will be there for you if you ever need them.

Click on the links for further information:

5-4-3-2-1 method

<u>DRIVE Week - Relaxation Techniques</u> <u>How to reframe unhelpful thoughts (NHS)</u>

We all have a part to play in improving emotional health across our worksites, this can be as simple as being aware of the way that we treat others. Every day try to be the reason your colleagues feel supported, rather than the reason they need support. If you think someone may be struggling, do the right thing and try to help. Guidance on how to start a conversation with someone who might be struggling is available in module 3 of Stork's WeCARE training material.

Know when to reach our for help:

You don't have to handle negative emotions or difficult situations on your own. Knowing when and how to ask for help is a useful skill. If you're not feeling your best or struggling to cope, please reach out to any of the following Stork support services:

- · Your Line Manager
- The Occupational Health Team
- One of our WeCARE colleagues
- Your HR Advisor
- The Employee Assistance Program (EAP)

On your marks, get set... the Stork triathlon is back!

Running from the 5th of June until the 20th of September, the triathlon is a series of challenges that all Stork employees can participate in over the next few months to be in with a chance of winning fantastic prizes! All activities are based on the three key elements of Safer Together: We Care, We Protect and We Support.



- Fully read the guidance information, which can be found on the HSEQ SharePoint site or in the link above, to learn more about the activities.
- Record these on your triathlon scorecard, which is located at the back of the guidance information.. Tell us what you've done and the date it was completed. All activities carried out during 2024, can be used within your scorecard.
- When you've finished the full scorecard, simply submit it before the deadline to our Occupational Health Team and you'll be in with a chance of winning the below prizes.

Prizes:

- 1st name drawn: £750 voucher and an invite to the Safer Together Awards*
- 2nd name drawn: £500 voucher and an invite to the Safer Together Awards*
- 3rd name drawn: £250 voucher and an invite to the Safer Together Awards*
- 4th 10th names drawn Invitation to the Safer Together Awards*.
- *The Annual Safer Together Awards 2024 will be held on the 31st of October in Aberdeen. All winners will be offered the choice of an invite or a £100

Flying the flag at Fawley

Our HSSEQ Director, George Akers recently visited Stork's team at Exxon Fawley Refinery. The visit gave George the opportunity to engage with the onsite team during a tour of the facility, while hearing more about the ongoing

With a focus on safety and the wellbeing of the team George shared how much he valued the interaction:

"These visits are key to ensuring the leadership team is visible and accessible to our more remote sites which, Southampton certainly is. A mini-townhall was conducted with everyone to discuss topics such as quarterly campaigns, an overview of our HSEQ performance year to date and updates on the company sale to mention a few topics. A visit onto the actual worksite was undertaken also looking at the working practices of a couple of the inspectors. I was delighted to report that working practices were all compliant. A very good visit with Dan Perry, Site Manager, making visitors feel very welcome."







Thank you for once again reading the latest edition of DRIVE News. We hope you've found the articles useful, interesting and most of all, fun to learn about your colleagues.

Do you have a story you would like to get featured in the next edition of DRIVE News?

Get in touch: DRIVE@stork.com

STORK.COM/UK